



## "Astonished at His Teaching" – Mark 1:22

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**AS WE GATHER**

In a world where there is nothing new under the sun, we still run to anything that appears to be new. When Jesus taught in the synagogue, the hearers heard a man speak with the authority of the author of the Scriptures. They were surprised and even more surprised when His Word was not simply theoretical but silenced an unclean spirit and relieved the man of this demon. In their amazement, they could not help but tell the story to any who would listen. Yet even as Jesus' fame spread, so did opposition to His teaching and preaching.

**OPENING HYMN      PRAISE THE ONE WHO BREAKS THE DARKNESS      LSB 849****\*INVOCATION**

- P In the name of the Father and of the Son and of the Holy Spirit.  
C **Amen.**

**\*CONFESSION AND ABSOLUTION***Psalm 32:1-2*

- P Blessed is the one whose transgression is forgiven, whose sin is covered.  
C **Blessed is the man against whom the LORD counts no iniquity, and in whose spirit there is no deceit.**
- P I said, "I will confess my transgressions to the LORD,"  
C **and You forgave the iniquity of my sin.**

*Silence for reflection.*

- P Almighty God, our Maker and Redeemer, we poor sinners confess unto You that we are by nature sinful and unclean and that we have sinned against You by thought, word, and deed. Wherefore we flee for refuge to Your infinite mercy, seeking and imploring Your grace for the sake of our Lord Jesus Christ.
- C **O most merciful God who has given Your only-begotten Son to die for us, have mercy upon us and for His sake grant us remission of all our sins; and by Your Holy Spirit increase in us true knowledge of You and of Your will and true obedience to Your Word, to the end that by Your grace we may come to everlasting life; through Jesus Christ, our Lord. Amen.**
- P Almighty God has had mercy upon you and has given His only Son to die for you and for His sake forgives you all your sins. In the stead and by the command of our Lord Jesus Christ, I, a called and ordained servant of the Word, forgive you all your sins in the name of the Father and of the Son and of the Holy Spirit. He who began this good work within you will bring it to completion on the day of our Lord Jesus Christ.
- C **Amen.**

**\*KYRIE**—*tune LSB 204*

**\*GLORIA IN EXCELSIS**—*tune LSB 204*

### **\*SALUTATION**

- P The Lord be with you.  
C **And also with you.**

### **\*PRAYER OF THE DAY**

- P Let us pray.  
Almighty God, You know we live in the midst of so many dangers that in our frailty we cannot stand upright. Grant strength and protection to support us in all dangers and carry us through all temptations; through Jesus Christ, Your Son, our Lord, who lives and reigns with You and the Holy Spirit, one God, now and forever.  
C **Amen.**

### **\*ANNOUNCEMENT OF THE DAY**

- P Today is the Fourth Sunday after the Epiphany, in the season of Christ's self-revelation through word and works. Today we hear the promise of a prophet fulfilled in Christ who bears the authority of the Word to us and confronts and casts out unclean spirits. From this we learn to love as He loves, taking care to season our liberty with the privilege of service.

### **OLD TESTAMENT READING**

*Deuteronomy 18:15–20*

<sup>15</sup>"The LORD your God will raise up for you a prophet like me from among you, from your brothers—it is to him you shall listen— <sup>16</sup>just as you desired of the LORD your God at Horeb on the day of the assembly, when you said, 'Let me not hear again the voice of the LORD my God or see this great fire any more, lest I die.' <sup>17</sup>And the LORD said to me, 'They are right in what they have spoken. <sup>18</sup>I will raise up for them a prophet like you from among their brothers. And I will put my words in his mouth, and he shall speak to them all that I command him. <sup>19</sup>And whoever will not listen to my words that he shall speak in my name, I myself will require it of him. <sup>20</sup>But the prophet who presumes to speak a word in my name that I have not commanded him to speak, or who speaks in the name of other gods, that same prophet shall die.'"

- A This is the Word of the Lord.  
C **Thanks be to God.**

### **PSALM**

*Psalm 111*

- <sup>1</sup>Praise the LORD!  
I will give thanks to the LORD with my whole heart,  
in the company of the upright, in the congregation.  
<sup>2</sup>Great are the works of the LORD,  
studied by all who delight in them.  
<sup>3</sup>Full of splendor and majesty is his work,  
and his righteousness endures forever.

<sup>4</sup>He has caused his wondrous works to be remembered;  
the LORD is gracious and merciful.  
<sup>5</sup>He provides food for those who fear him;  
he remembers his covenant forever.  
<sup>6</sup>He has shown his people the power of his works,  
in giving them the inheritance of the nations.  
<sup>7</sup>The works of his hands are faithful and just;  
all his precepts are trustworthy;  
<sup>8</sup>they are established forever and ever,  
to be performed with faithfulness and uprightness.  
<sup>9</sup>He sent redemption to his people;  
he has commanded his covenant forever.  
Holy and awesome is his name!  
<sup>10</sup>The fear of the LORD is the beginning of wisdom;  
all those who practice it have a good understanding.  
His praise endures forever!

## EPISTLE

*1 Corinthians 8:1–13*

<sup>1</sup>Concerning food offered to idols: we know that “all of us possess knowledge.” This “knowledge” puffs up, but love builds up. <sup>2</sup>If anyone imagines that he knows something, he does not yet know as he ought to know. <sup>3</sup>But if anyone loves God, he is known by God.

<sup>4</sup>Therefore, as to the eating of food offered to idols, we know that “an idol has no real existence,” and that “there is no God but one.” <sup>5</sup>For although there may be so-called gods in heaven or on earth—as indeed there are many “gods” and many “lords”—<sup>6</sup>yet for us there is one God, the Father, from whom are all things and for whom we exist, and one Lord, Jesus Christ, through whom are all things and through whom we exist.

<sup>7</sup>However, not all possess this knowledge. But some, through former association with idols, eat food as really offered to an idol, and their conscience, being weak, is defiled. <sup>8</sup>Food will not commend us to God. We are no worse off if we do not eat, and no better off if we do. <sup>9</sup>But take care that this right of yours does not somehow become a stumbling block to the weak. <sup>10</sup>For if anyone sees you who have knowledge eating in an idol’s temple, will he not be encouraged, if his conscience is weak, to eat food offered to idols? <sup>11</sup>And so by your knowledge this weak person is destroyed, the brother for whom Christ died. <sup>12</sup>Thus, sinning against your brothers and wounding their conscience when it is weak, you sin against Christ. <sup>13</sup>Therefore, if food makes my brother stumble, I will never eat meat, lest I make my brother stumble.

A This is the Word of the Lord.

C **Thanks be to God.**

## CHILDREN'S MESSAGE

### \*VERSE

*Mark 1:22a*

P Alleluia. They were astonished at his teaching, for he taught them as one who had authority. Alleluia.

## \*HOLY GOSPEL

Mark 1:21–28

- P The Holy Gospel according to St. Mark, the first chapter.  
C **Glory to You, O Lord.**

<sup>21</sup>They went into Capernaum, and immediately on the Sabbath [Jesus] entered the synagogue and was teaching. <sup>22</sup>And they were astonished at his teaching, for he taught them as one who had authority, and not as the scribes. <sup>23</sup>And immediately there was in their synagogue a man with an unclean spirit. And he cried out, <sup>24</sup>“What have you to do with us, Jesus of Nazareth? Have you come to destroy us? I know who you are—the Holy One of God.” <sup>25</sup>But Jesus rebuked him, saying, “Be silent, and come out of him!” <sup>26</sup>And the unclean spirit, convulsing him and crying out with a loud voice, came out of him. <sup>27</sup>And they were all amazed, so that they questioned among themselves, saying, “What is this? A new teaching with authority! He commands even the unclean spirits, and they obey him.” <sup>28</sup>And at once his fame spread everywhere throughout all the surrounding region of Galilee.

- P This is the Gospel of the Lord.  
C **Praise to You, O Christ.**

## \*APOSTLES' CREED

**I believe in God, the Father Almighty,  
maker of heaven and earth.**

**And in Jesus Christ, His only Son, our Lord,  
who was conceived by the Holy Spirit,  
born of the virgin Mary,  
suffered under Pontius Pilate,  
was crucified, died and was buried.  
He descended into hell.  
The third day He rose again from the dead.  
He ascended into heaven  
and sits at the right hand of God the Father Almighty.  
From thence He will come to judge the living and the dead.**

**I believe in the Holy Spirit,  
the holy Christian Church,  
the communion of saints,  
the forgiveness of sins,  
the resurrection of the body,  
and the life everlasting. Amen.**

**HYMN  
SERMON  
OFFERING**

**SON OF GOD, ETERNAL SAVIOR  
Astonished at His Teaching**

**LSB 842**

## \*PRAYER OF THE CHURCH

After our petitions:

P Lord, in Your mercy,

C **hear our prayer.**

## \*LORD'S PRAYER

### \*PRAYER

P O God, from whom come all holy desires, all good counsels, and all just works, give to us, Your servants, that peace which the world cannot give, that our hearts may be set to obey Your commandments and also that we, being defended from the fear of our enemies, may live in peace and quietness; through Jesus Christ, Your Son, our Lord, who lives and reigns with You and the Holy Spirit, one God, now and forever.

C **Amen.**

## \*BENEDICTION

### HYMN TO DEPART

### O GOD OF GOD, O LIGHT OF LIGHT

LSB 810

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### Serving Our Lord

		Sunday, January 28, 2024	Sunday, February 4, 2024
Musician		Diane Streich	Diane Streich
Cantor		David Workman	Andy Koch
Altar Guild		Connie Kohn and Nancy Nord	Sharon Drews
Elder(s)	8am	Jim Kohn	Bill Breitinger
	10:30am	Kurt Vallin	Open
Reader	8am	Matthew Boll	Chris Martin
	10:30am	Kurt Vallin	Tim Morris
Usher Team	8am	Andy Olson	Sam Erdman
	10:30am	Jon Peterson	Open
Greeter(s)	8am	Open	Open
	10:30am	Open	Open
Acolyte	8am	Mason Kolb	Open
	10:30am	Dana Vallin	Sebastian Ness and Andrew Swenson
Projection	8am	Open	Chris Martin
	10:30am	Open	Tim Morris
Live Stream	8am	Jim Nicklas	Jim Nicklas
Coffee Hour	9:15am	Open	Roxanne Foley

**COMING UP AT TLO — January 28, 2024 — February 4, 2024****FOURTH SUNDAY AFTER THE EPIPHANY**

Sun	8:00*am	Worship
	9:15am	Education Hour for all ages
	10:30am	Worship
	12:30-	Peniel Evangelical Church worship
	6:00pm	Hoops
Mon	10:00am	Adult Bible class
	6:30pm	Trail Life Troop 2950
	6:30pm	American Heritage Girls information meeting
Tue	6:00pm	BREW - pickle ball
	6:30pm	Moms in Prayer
Wed	6:30am	Men's Bible study
	8:15am	Chapel
	4:00pm	Midweek confirmation class
Thur	3:30pm	Privileged to Pray
	4:00-6:00pm	Beach Party Open House--tell a friend!
	6:30pm	Peniel activities
Fri	9:00am	Women of the Word (WoW) Bible study
Sat	all day	Trail Life Training
	9:00am	GodConnects faith formation class - 1 of 3
	10:00am	Moms in Prayer
	2:00-8:00pm	Peniel Evangelical Church activities
<b>FIFTH SUNDAY AFTER THE EPIPHANY</b>		
Sun	8:00*am	Worship with Holy Communion
	9:15am	Education Hour for all ages
	9:15am	Moms in Prayer
	10:30am	Worship with Holy Communion
	12:30-	Peniel Evangelical Church worship
	6:00pm	Hoops
*worship online at <a href="http://www.trinityloneoak.org">www.trinityloneoak.org</a>		

**Save the date!**

TLO School's Tiger Gala is Saturday, March 9 at the Royal Cliff Center in Eagan. Don't miss this annual fun event. Tickets go on sale February 1!



## GodConnects Faith Formation Course Saturdays, February 3, 10, 17 | 9:00am-12noon

*GodConnects* is a video series explaining the Christian faith in a way that makes it easy to invite a friend, family member, or church visitor. Plain language and helpful illustrations present God's work of salvation in a concise manner. This series is ideal for those with questions about sin, judgment, redemption, Jesus, the believer's life, and more. Who has God put in *your* life that needs to hear His message? Invite them to attend, or contact the church office and we'll reach out to them.

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### Valentine Boxes – Let's fill 'em up!

Stop by the Valentine display in the narthex to learn how you can support our 2023 high school grads. Final collection date is Sunday, Feb. 11.

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### American Heritage Girls Interest Meeting Monday, January 29 | 6:30pm | TLO Conference Room

An American Heritage Girls (AHG) Parents Interest Meeting will be held at TLO on Mon., Jan. 29 at 6:30 pm. on the sanctuary level. A representative of AHG will be coming to TLO to help parents learn more about AHG. For more information about AHG, visit [americanheritagegirls.org](http://americanheritagegirls.org)

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### VBS at TLO – Registration is open! June 17-21, 2024 | 9am-11:30am daily

We're having a party—a party to celebrate the Savior—and you're invited! At TLO's Vacation Bible School, students rotate through Bible challenge, Bible narratives, crafts, games, and snacks all celebrating Jesus! Register at [trinityloneoak.org/vacationbibleschool](http://trinityloneoak.org/vacationbibleschool)

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### Bottles for Life campaign

Pick up a baby bottle and fill it with coins, cash or checks. Love them both by supporting Amnion.



### Amnion's Bottles for Life campaign through February 11, 2024

Amnion's Bottles for Life Campaign is a unique and easy way to help support life ministry. Pick up a bottle today and fill it with cash, checks or coins through February 11. Learn more about Amnion at [helpofferhope.org](http://helpofferhope.org).





Dear Brothers and Sisters,

The TLO Quilters would like to extend an invitation to join us in sewing quilts for the needy. We have been serving our Lord for 15 years. But God has not just used us, He has encouraged people to donate the fabric, sheets, thread and monetary gifts. He has encouraged us with our gifts to sew these quilts for those in need. We have gifted each of our high school graduates with a quilt. Our quilts have gone to China, Afghanistan, Oklahoma, organizations who assist those with a variety of needs, to individuals who have experienced a crisis in their lives. And from their response back to us, these quilts have been a welcomed comfort to them. It reminds them that people care, that they are being prayed for, and that God is there for them!

With that being said, we welcome you to join us in sewing these quilts for those in need. We have 12 large totes of fabric that have never gone empty, all colors of the rainbow, large and small pieces. You can pick your own color combination and cut out your own design, or we can cut a quilt kit for you. You take it home and sew it together at your own pace. Then bring it back to have a back matched to it. We get together on Wednesdays from 9am -12noon and tie them together, then we have those that hem the edges.

If you feel God encouraging to join us, please call Roxanne Foley at 651-455-3914 or to Jean Peterson in the office. We would love to have you join us!

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### **Opportunity to Serve at TLO School in 2024-25**

Trinity Lone Oak Lutheran School is seeking candidates to serve as our 3rd grade teacher in the upcoming school year. After 22 years in Lutheran School Ministry, of which 14 were here at TLO, Mrs. Pinky Seeman has made the decision to step away from teaching and seek other opportunities to serve others. We give God Thanks and Glory for her service to the children and families at TLO!

The qualifications for this position include: has been a successful classroom teacher; certified, or eligible to be certified, by the state of Minnesota; a member of, or willing to become a member of TLO; a Commissioned Minister of Religion in the LCM, or willing to work toward such designation.

If you would like to nominate yourself, or someone you know, please forward candidate's contact information to Principal Jones or BOCE Chair Michelle Koch. Include the following information: his/her current place of service and the reasons why you believe he/she will be an asset to TLO.

## WEEKLY DEPOSITS: January 21, 2024

General Fund Income:			
	Current and Mission Weekly Offering	\$	9,672.73
	(Our offering budget is \$8,525 per week)		
	Building Reserve Fund	\$	2,565.15
	(Our offering budget is \$665 for per week)		
	Sunday school	\$	3.10
	1883 School Annual Fund	\$	329.02
	Chapel	\$	57.96
	Tuition	\$	10,314.52
	Church and school fees	\$	575.30
	<b>Subtotal General Fund Income</b>	<b>\$</b>	<b>23,517.78</b>
Special Purpose Income (not available for general fund spending)			
	YTF2	\$	460.45
	Acorn Scholarship Fund	\$	N/A
	Young Investors stamps through Lutheran Church Extension Fund	\$	256.00
	<b>Subtotal Special Fund Income</b>	<b>\$</b>	<b>716.45</b>

### Fiscal Year To Date as of January 21, 2023

Current and Mission:			
	YTD Budgeted Giving (\$8,525.00 per week for 30 weeks)	\$	255,750.00
	YTD Actual Giving	\$	260,830.70
	YTD Difference	\$	5,080.70
Building Reserve Fund			
	YTD Budgeted Giving (\$665.00 per week for 30 weeks)	\$	19,950.00
	YTD Actual Giving	\$	21,012.02
	YTD Difference	\$	1,062.02



**Pick up 2023 tax receipts from your church mailbox today or call the church office to have yours mailed.**



### Lenten Meals

Contact Cindy Rahn if you'd like to serve one of the Lenten meals. All meals are served from 5:15-6:30pm, followed by Lenten worship. Dates are:

**February 14**

**February 21**

**February 28**

**March 6**

**March 13**

**March 20**



## Remember in Prayer

Avianna (age 2), niece of Chelsea Cardenas, battling cancer

Pam Carpenter, thanksgiving no surgery is needed

Rich and Dixie Cliff

Alice Dornseif, recovering at The Deerfield, New Richmond WI

Ed Jones, father of David Jones and Julie Casby, for peace and comfort as he struggles with dementia

Joseph Labhart (Flannery's grandson) ongoing health concerns

Marilou Larson, close cousin of Alice Dornseif, continue prayers for resolution of autoimmune liver issues

Joyce (Kirchner) Moynihan, diagnosed with cancer

Ryan Kroonblawd - 1st year seminarian - Concordia Seminary, St. Louis, MO

LeAnn Peterson, sister of Andrea Hinrichs, recovering from foot surgery and complications

Sharon Phelps, mom of Cindy Rahn

Verna Ratzlaff recovering at home

Former TLO staff member Curt Stoltenow was recently diagnosed with prostate cancer.

He will be receiving radiation treatments. Your prayers are appreciated.

Stuart Weierke at the Minneapolis VA Home

Kent Stueve undergoing treatment

Shelly Zeitlin and her family need our prayers as she is going through lymphoma cancer treatments.

Shelly is a longtime friend of Rob and Jane Shull.

Laverne and Beverly Ziebell. Karen requests continued prayers for her parents



Models representing the 12,000 babies aborted in Minnesota in 2022 were gathered on Capitol grounds and carried into the Capitol Rotunda. TLO members, LCMS pastors and members of the LCMS joined in this peaceful March for Life at the MN State Capitol Monday, January 22. Please join in praying that people everywhere will uphold the sanctity of human life from conception to natural death.



## Weekly Memory Verse

For thus said the Lord God, the Holy One of Israel, "In returning and rest you shall be saved; in quietness and in trust shall be your strength." —*Isaiah 30:15*



## Birthdays this week

Feb 1

Joanie Shockley, Rachel Wallace

Feb 2

Eowyn Prusak, Ellie Schaaf

Feb 3

Lily Grimm

## Anniversaries this week

Feb 1

Peter and Megan Naas



## Welcome Guests

We are glad you are here today! Here are a few things we thought you would like to know to help you feel at home with us today. If you are visiting please introduce yourself to our pastor, a greeter or an usher. We love to make new friends!

**For those with small children**, a nursery is available, located in the narthex, if you need a place to care for your child. Children's bulletins are in the narthex, or ask an usher.

**Restrooms** are located to the east end of the narthex near the main entrance.

**Large print copies of the worship folder** are available. Please ask an usher.

**Subscribe to TLO's weekly e-newsletter at [www.trinityloneoak.org/resources-media-1](http://www.trinityloneoak.org/resources-media-1)**



You're o-FISH-ally invited to a Beach Party Open House at Trinity Lone Oak Lutheran School on Thursday, February 1 from 4-6 pm. TLO School serves students in preschool through eighth grade. We will have games, crafts, and fun activities for kids, and tours and information packets for parents! Meet our dedicated and experienced teachers, see our school, and trade your snow boots for sunglasses at our Beach Party!

Let us know you're coming! Register at [www.tloschool.org/openhouse](http://www.tloschool.org/openhouse).  
(Registration preferred, but not required)